

## 2013 YWCA of Houston AGENCY HIGHLIGHTS

### Adults Programs

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- Enrolled (7 unduplicated) young women in the Women Independently Living and Developing (WILD) transitional living program for women ages 18-24 who have aged out of foster care
- Aided 90% of residents in securing and/or maintaining part-time employment
- 100% residents accessed higher education or vocational training as a result of case management support
- 100% of residents reported improved self image and self confidence as a result of supportive mentoring relationships
- YWCA opened second drop-in site at Houston Community College-Northeast Campus to serve children ages 4-12.
- Over 100 women (120 unduplicated children) received on-site drop-in child care services which enabled them to continue their education at Houston Community College-Southeast Campus

### Senior Programs

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- Served over 731 (unduplicated) seniors with 112,731 meals at one of (10) YWCA congregate sites located throughout Houston. Seniors received: nutritious meals, day trips, health and nutrition education, computer training, and opportunities for recreation Sites include: Harrisburg, Kirkwood, Lakeview, Bellerive, West Office, Kingspoint, North Central, Longhorn, Oak Tree, and Telephone Road
- 731 (unduplicated) home bound seniors received approximately 181,585 home delivered meals
- Seniors participated in Senior Day at the capitol in Austin, Texas.
- Homebound seniors benefited from the Steel Heels Biker Club sponsored Socks & Throws Drive which collected socks and blankets to keep seniors warm in the winter.
- Over 600 homebound seniors were surprised with a hot meal on Thanksgiving Day.
- 802 volunteers provided 18,270 volunteer hours in the senior programs.

for every woman

## Signature Programs

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- Hosted YWCA open house
- 100 teen girls participated in YWCA Empowerment Zone Camps which emphasizes: leadership, career exploration, health, financial literacy, and positive peer to peer relationships.
- YWCA hosted a Racial Justice Panel Discussion at the Holocaust Museum.
- YWCA launched Y-She Can Series.

## Recognitions & Awards

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- Designated as a Community of Respect by **Anti-Defamation League (ADL)**
- Benefiting agency of **AIDS Walk Houston**
- Benefiting agency of **Kroger Neighbor to Neighbor Program**

## Community Partnerships

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- YWCA received grant from **Valero Foundation** to provide nutrition education and exercise classes to YWCA Magnolia Park Centers at the Harrisburg Senior Center.
- YWCA Empowerment Explosion finishes the year strong with our partnership with **The Glass Slipper Foundation**.
- Provided interactive nutrition and fitness seminar specifically targeting women at **Houston Community College Southeast Campus**.
- Chosen by **Rice University** for their **MBA CAPSTONE** project.
- YWCA received grant from the **Home Depot Foundation** to provide renovate the YWCA commercial Kitchen and offer cooking classes to veterans.
- YWCA is a host site for **AARP** volunteers.
- **Houston Furniture Bank's D.I.V.A.S - Decorating Interiors Volunteer Assistance Service** performed a total make-over for the YWCA's W.I.L.D residence.